



City of
**Campbell
River**



Invitation to Participate in the First 'Shake Out Then Get Out' Exercise



The potential risk of a dam failure from a major earthquake at the John Hart dam or Strathcona dam is an interim risk until BC Hydro seismically upgrades these facilities. The heavily populated downtown area is especially at risk so after the shaking stops you should immediately get safe by moving out of the area.

For this year's Shake Out the emergency program is hosting the first Campbell River specific 'Shake Out Then Get Out' Exercise to encourage readiness amongst the residents and businesses of our beautiful city. The purpose of the exercise is test if your ability to evacuate, on foot or on a bicycle, to a safe checkpoint outside of the flooding zone in enough time. Campbell River Emergency Support Service Team volunteers will be staffing 5 checkpoints that will be set up outside of the post earthquake flooding zone.

What to do on Thursday October 19:

10:19am – Drop, Cover and Hold underneath a desk for 4 minutes. After the “shaking” stops, count to 60 and then begin your evacuation.

10:24am – Evacuate to your nearest designated checkpoint on foot or on a bicycle. Register when you reach your nearest checkpoint. Then return to your original location.

There will be 5 checkpoints set up at: 1) The Maritime Heritage Centre, 2) City Hall, 3) École-Phoenix Middle School, 4) Woodburn Rd. & Spring Rd., and 5) 9th Avenue & Ironwood Rd.

Participants Must Be:

- Able bodied and physically able to evacuate outside of the inundation zone on foot or on a bicycle.
- Wear a coloured apron that will identify you as an exercise participant. This apron will be supplied to all registered participants beforehand.
- Able to carry their cell phone with them throughout the exercise.
- Working, visiting, or living in the inundation zone during the time the exercise starts [see map].

By participating in this exercise you will be entered to win an emergency preparedness prize!

Registration Form – Please complete and return to skoopman@srd.ca

Full Name: _____

Cellphone Number: _____

Would you like a ride back to your original location once you have reached the checkpoint?
Yes / No

Note: By pre-registering for this exercise you receive WCB and liability coverage to help ensure your safety while participating during this exercise. We ask that only participants with a cell phone number register so we have a method of communicating with all exercise participants.



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Campbell River
Emergency Support
Services Team

