












# August

# ELDER'S CALENDAR

# 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>LEGEND</b></p> <p>Youth with Elders Travel Special Event Meeting</p>	<p>Elder Worker contact: <b>Kristen</b> (250) 286-6949 kristenpeel@weiwaikum.ca</p>	<p><b>BUS: call or e-mail to reserve your spot</b></p> 	<p>1. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>2. 11:00am OAS/CPP/GIS info session and lunch at Thunderbird Hall (pick up if needed)</p> 	<p>3. 10:00am TAI CHI at KDC</p> <p><b>HOME VISITS</b></p>	<p>4.</p>
<p>5.</p>	<p>6. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>7. 10:00am TAI CHI at KDC</p> <p><b>HOME VISITS</b></p>	<p>8. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>9. 10:30am KDC Chair Exercises, Wellness Checks and Lunch ~ Elder's Worker Open Office 1-3pm</p>	<p>10. 10:00am TAI CHI at KDC 9:00 - 10:00am <b>Breakfast OPEN HOUSE at the Band Office</b> Everyone Welcome!</p>	<p>11.</p>
<p>12.</p>	<p>13. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>14. 10:00am TAI CHI at KDC 11:00am K'omox Elders BBQ at Puntledge Campground</p> <p><b>BUS</b></p> 	<p>15. 11:00am Meals on Wheels 10:00am Family Wellness Gathering</p> <p><b>BUS</b></p> 	<p>16. 10:00am Family Wellness Gathering</p> <p><b>BUS</b></p> 	<p>17. 10:00am TAI CHI at KDC</p> <p>10:00am Family Wellness Gathering</p> <p><b>BUS</b></p> 	<p>18.</p> 
<p>19.</p>	<p>20. 11:00am Meals on Wheels 10:00am Youth and Elders Berry Picking</p> <p><b>BUS</b></p> 	<p>21. 10:00am TAI CHI at KDC 10:00am Youth and Elders canning Salmon and making Blackberry Jam</p> <p><b>BUS</b></p> 	<p>22. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>23. 10:30am KDC Chair Exercises, Wellness Checks and Lunch</p> <p>~ Elder's Worker Open Office 1-3pm</p>	<p>24. 10:00am TAI CHI at KDC</p> <p><b>HOME VISITS</b></p>	<p>25.</p> <p><b>HAPPY BIRTHDAY!</b></p>
	<p>27. 11:00am Meals on Wheels</p> <p><b>HOME VISITS</b></p>	<p>28. 10:00am TAI CHI at KDC</p> <p>12 noon MONTHLY ELDER'S PLANNING MEETING luncheon at Thunderbird Hall</p>	<p>29. 11:00am Meals on Wheels</p> <p>ISLAND-WIDE Elders LUNCH At Quinsam</p> <p><b>BUS</b></p> 	<p>30.</p> <p>~ Elder's Worker Open Office 1-3pm</p>	<p>31. 10:00am TAI CHI at KDC</p> <p><b>HOME VISITS</b></p>	<p>Mona Drake Allan Henderson John Henderson Andrew Nelson Joanne Quocksister Rock Quocksister Iris Rayburn Geraldine Roberts Diane Shaw</p>

# September

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# 2018

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2.	3.	4.	5.	6.	7.	8.
9.	10.	11.	12.	13.	14.	15.
16.	17.	18.	19.	20.	21.	22.
23.	24.	25.	26.	27.	28.	29.
30.						